



Getting Started!

1. **NDA:** Review, sign and fax back our *Nondisclosure Agreement* (650-833-3981).

2. **Training Videos:** Review the Training Videos (CDs) and handouts provided.

3. **LEADERS Email Group:** Email our LEADERS group (leaders-join@projecthappiness.com) to join the online conversation with other teachers/leaders participating in Project Happiness.

4. **Student TALK Email Group:** Email ellie@projecthappiness.com a class list of participating students, including student email addresses so we may invite your students to join our TALK email group with other students participating in the project across the globe.

5. **Student Evaluation:** Have your students complete at least one of the following evaluation tools before beginning the project (and repeat at the end of the project):
 - I. "My Understanding of Happiness" handout – 20 questions and/or
 - II. "My Understanding of Happiness" handout #2 – 3 open ended questions and/or
 - III. "Social Emotional Wellness Rubric" (Self-evaluation or teacher evaluation)

6. **Student Blogger:** Assign a *Student Blogger* who will contribute a blog posting each week on behalf of your class. Email ellie@projecthappiness.com this student's name and email.

Thank you for your participation and inspiration!